Outings and Quarantining Upon Return for NF and ALF Residents

Residents' right to leave a facility:

A nursing or assisted living facility resident has the right to leave the facility for an outing. The facility must explain to the resident the risks and benefits of leaving for outings, including the risk of being exposed to COVID-19. If a resident chooses to leave the facility, the facility must educate the resident and persons going on an outing with the resident about infection control and prevention procedures, including:

- wearing a facemask or face covering, if tolerated by the resident
- friends and family wearing a facemask when with the resident
- performing hand hygiene
- practicing proper cough and sneeze etiquette
- physical distancing (maintaining at least six feet of distance between themselves and others)
- being aware of others who may potentially have or have COVID-19

Quarantine upon returning to the facility:

A facility must have justification to quarantine a resident upon the resident's return to the facility. Before the resident goes on an outing, the facility must inform residents about what situations would require the resident to quarantine upon return to the facility.

A resident <u>does not</u> need to be quarantined upon return to the facility unless:

- the resident was gone overnight,
- the resident was exposed to COVID-19, or
- the facility cannot get enough information about the outing and has infection control concerns.

To determine if a resident should quarantine upon return, facilities should ask questions to the resident about the outing. A friend or family member who went on the outing can also answer on behalf of the resident. Questions the facility should ask are:

- Were you in any crowded spaces?
- Were you unable to maintain a physical distance of at least 6 feet from someone who was not wearing a facemask?
- Did you encounter anyone who tested positive for COVID-19 within the last 14 days?
- Did you encounter anyone who was exhibiting any symptoms related to COVID-19?